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Collection Date: December 21, 2010
Collection Time: 2:30 pm
Sample Received: January 03, 2011
Reported On: January 23, 2011

Allergy Report

Accession Number: 261715

Provider:

ABC Nutrition
456 78 St N
Fort, BC V0V 0V0

Client:

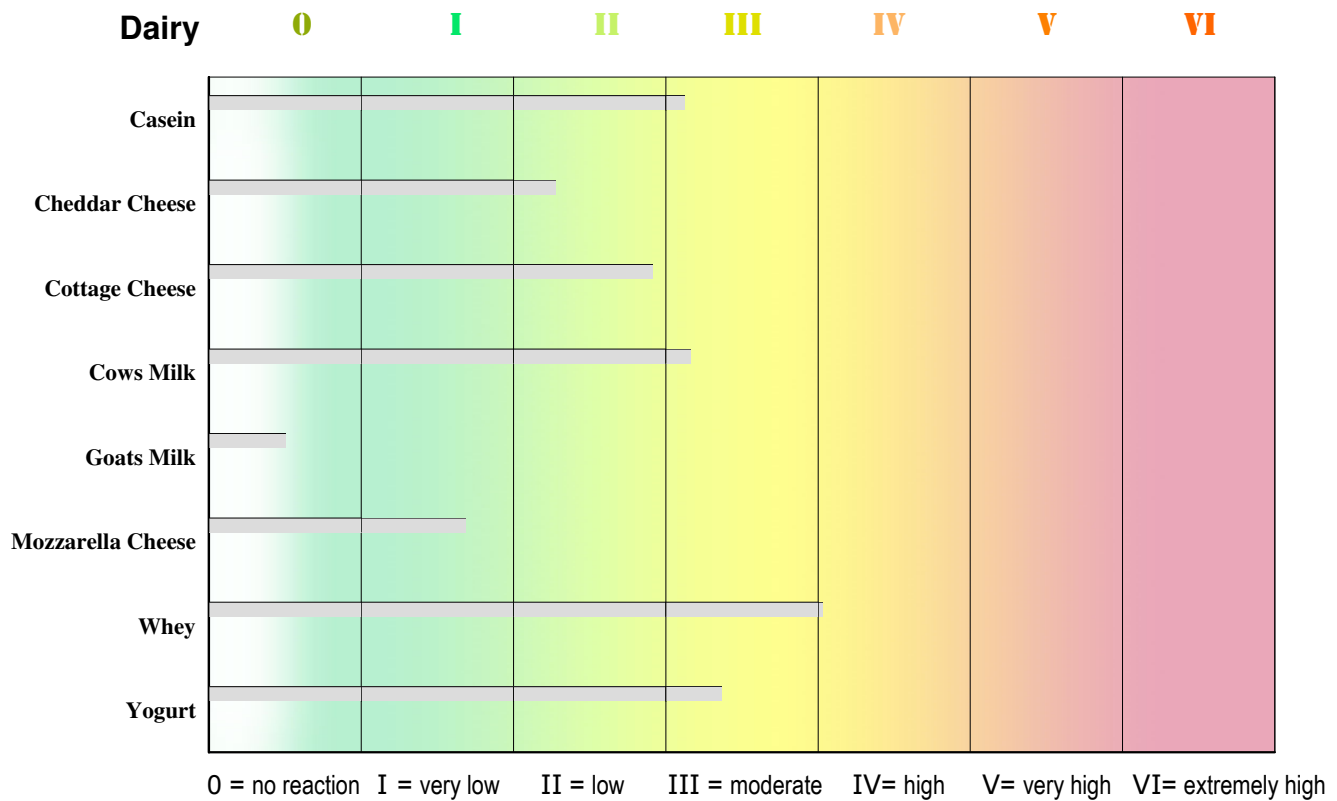
Una Happygut
1234 Colonial Ave
Fort, BC V0V 0V0

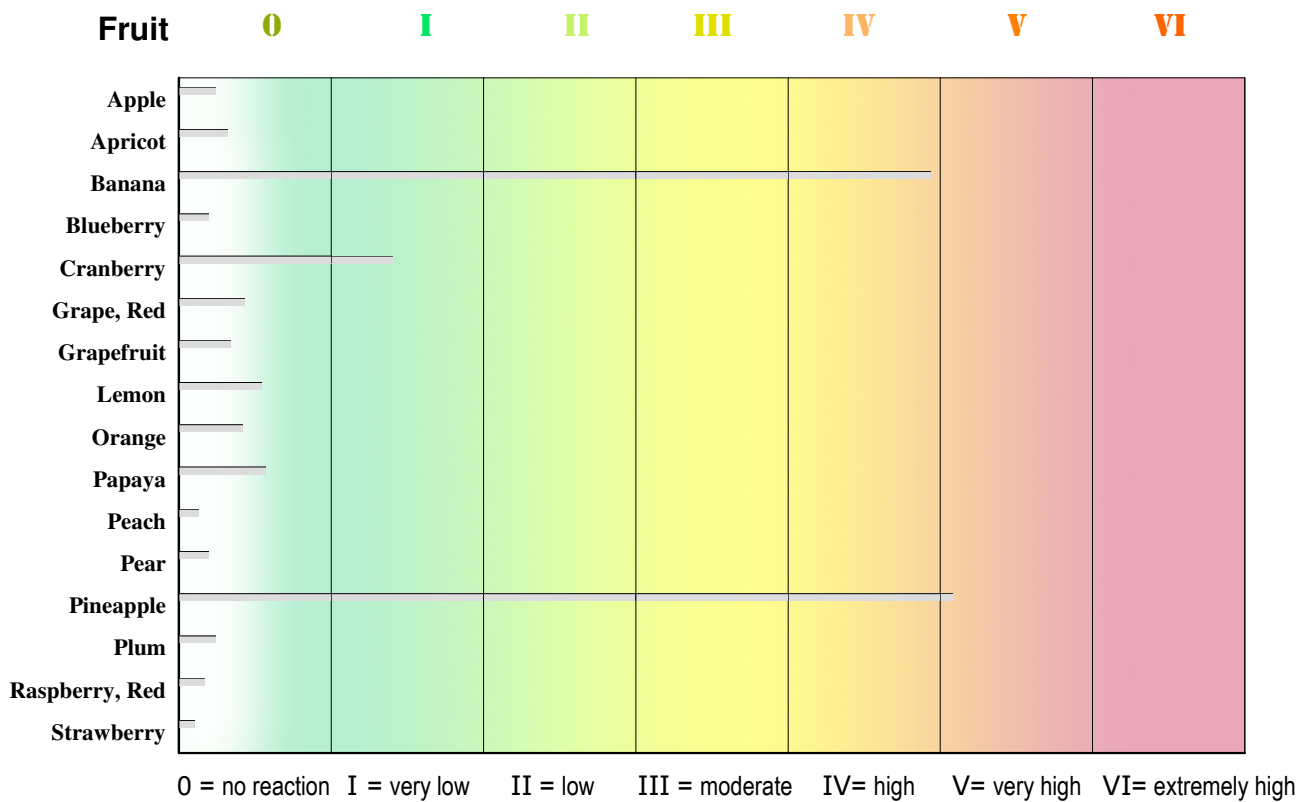
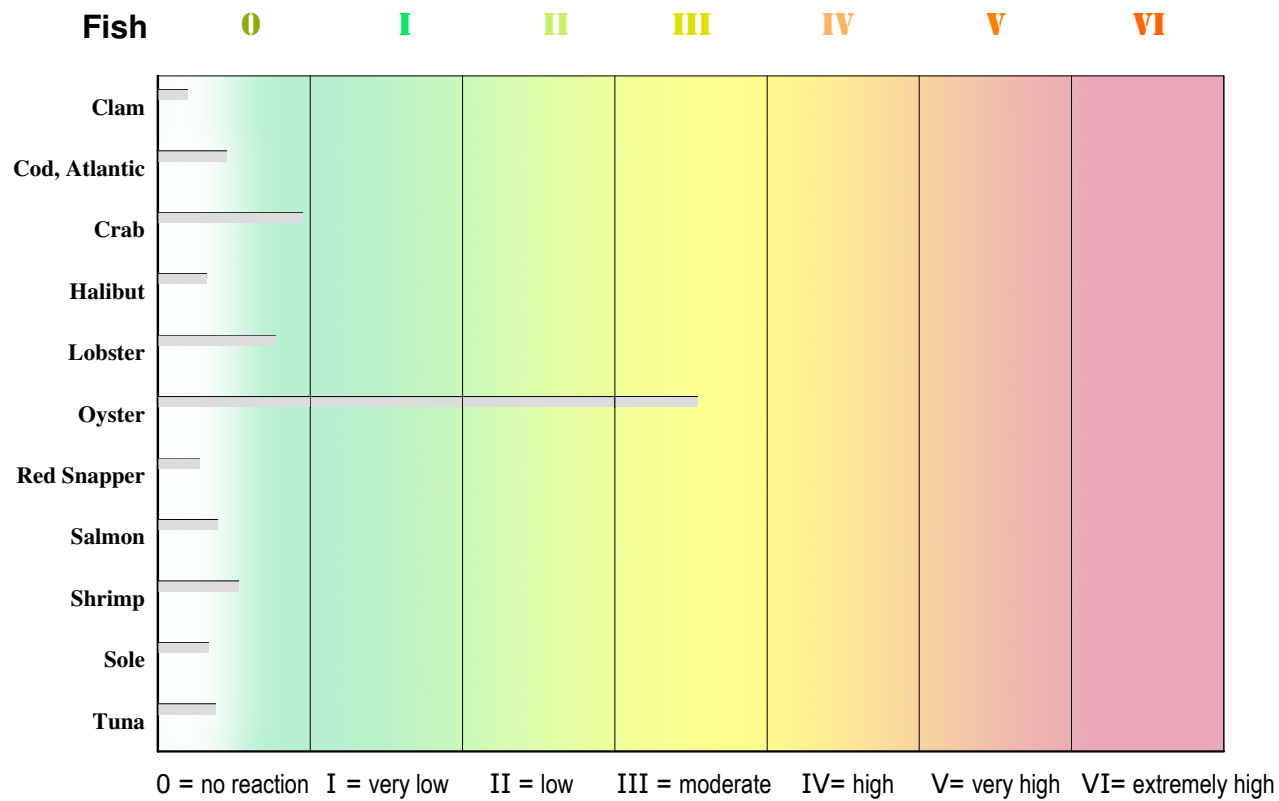
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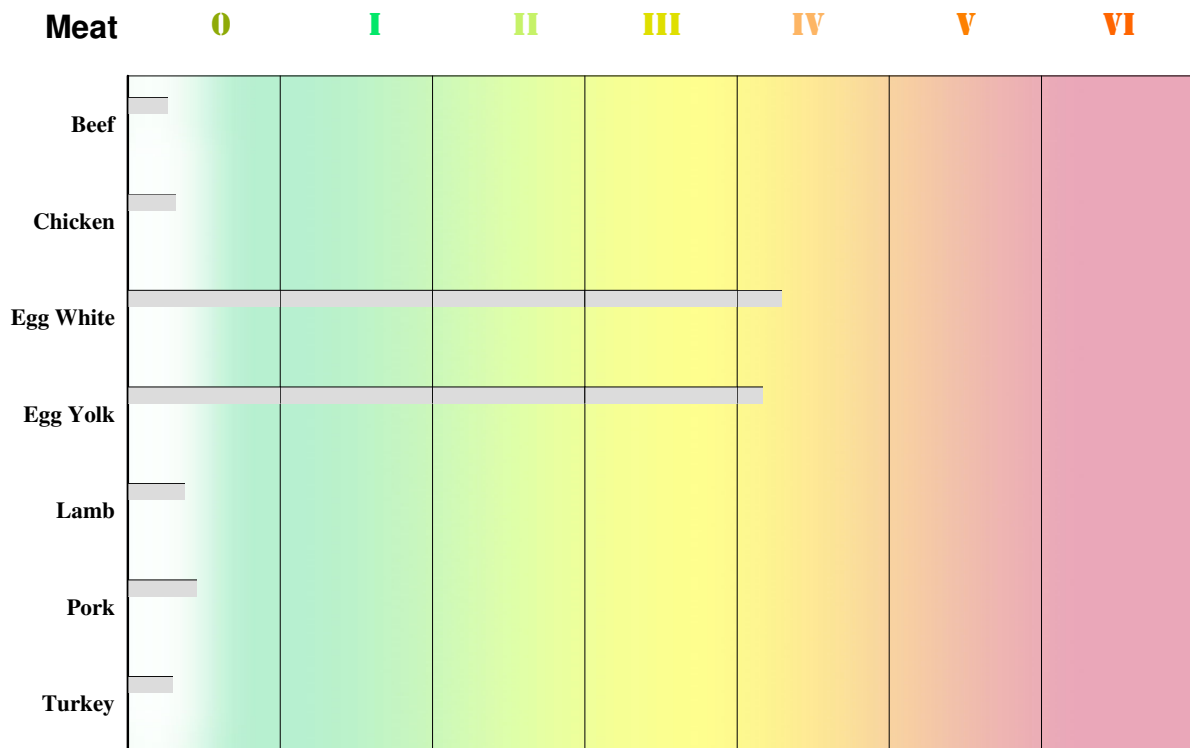
DOB:

Gender: F

Phone:
Fax:





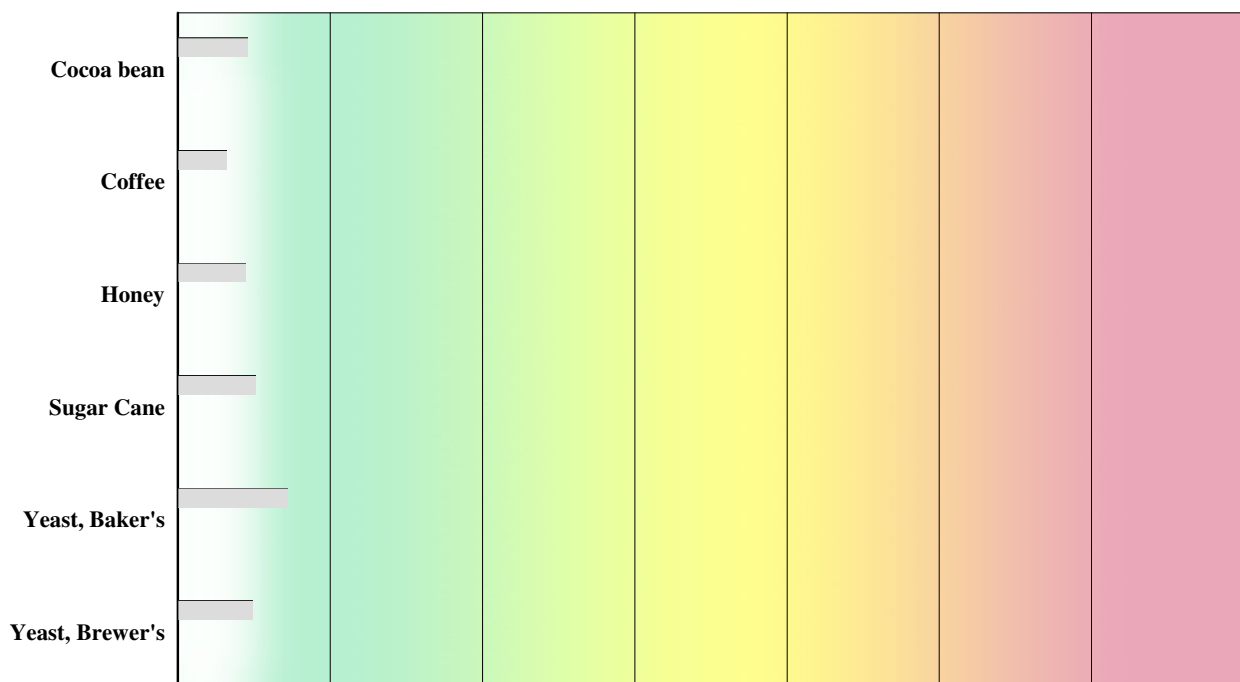


0 = no reaction I = very low II = low III = moderate IV= high V= very high VI= extremely high

IGG



Miscellaneous **0** **I** **II** **III** **IV** **V** **VI**



0 = no reaction I = very low II = low III = moderate IV= high V= very high VI= extremely high

IGG



Nuts and Grains

0

I

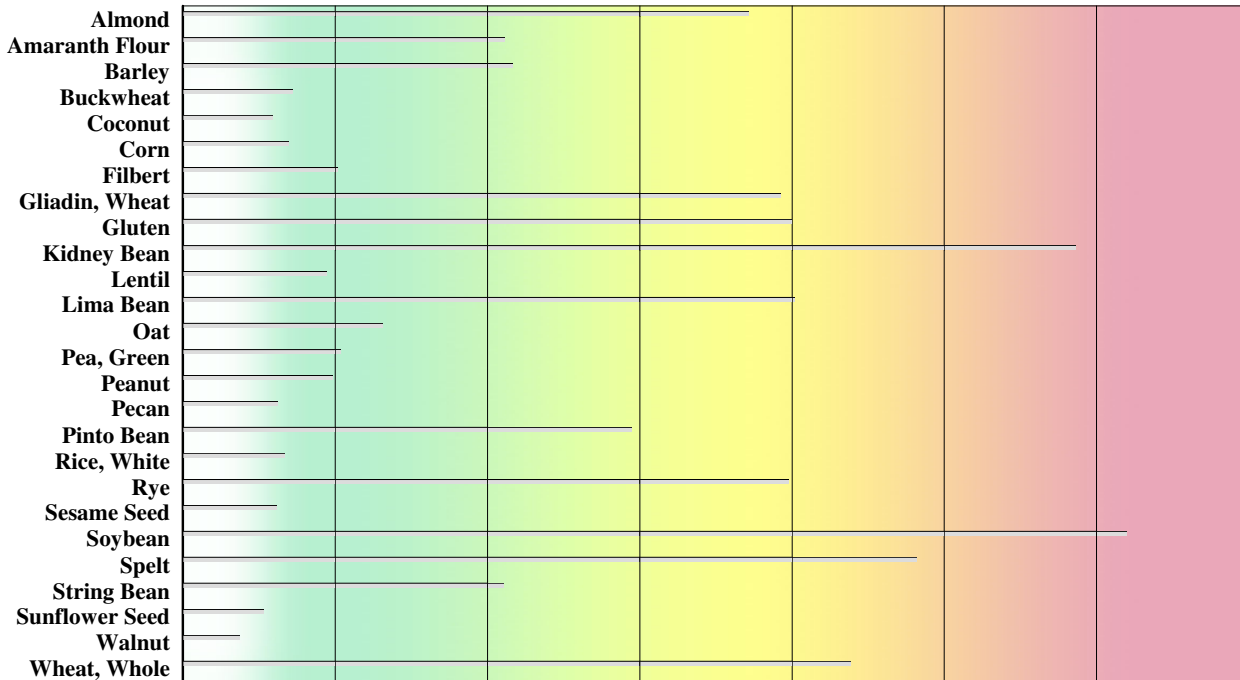
II

III

IV

V

VI



IGG



0 = no reaction I = very low II = low III = moderate IV= high V= very high VI= extremely high

Vegetables

0

I

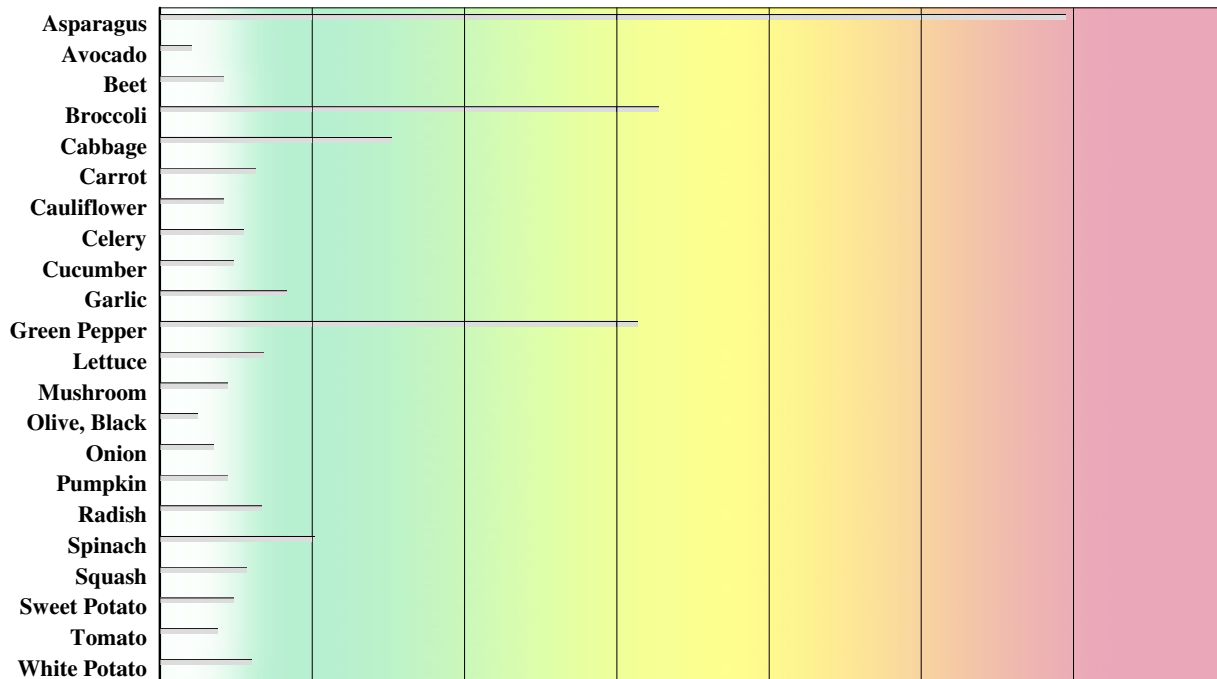
II

III

IV

V

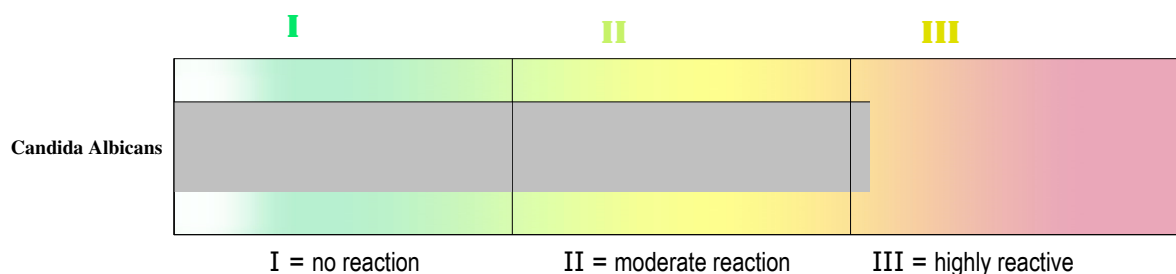
VI



IGG



0 = no reaction I = very low II = low III = moderate IV= high V= very high VI= extremely high



Elevated IgG antibodies to Candida suggest you may have a fungal-related illness.[J Alt Comp Med. 2007;13(10):1129-33]. Moderate or high IgG reactions to Candida lead to the formation of antibody-antigen complexes that may deposit in tissue and contribute to inflammation. The degree of reactivity does not necessarily correlate with the amount of Candida in the body, but it does indicate your immune system is reacting to the Candida that is present. Reducing the burden of Candida in the gut may help to reduce the immunologic response.

IgG Reactions

Zone 0 to Zone III IgG Reactions (no, very low, low, moderate)

If you consider yourself reactive to a food that appears somewhere within Zones 0 to 3 on your test report, there are several possible explanations:

- Recent exposure to the food is required in order to produce antibodies to it. So if you have completely avoided a food for several weeks prior to testing, you will likely have few or no antibodies to that food.
- The reaction you experience may not be an immune reaction. In addition to immune reactions, chemical sensitivities and enzyme deficiencies can also cause reactions to foods. For example; people who react to dairy products often lack the enzyme lactase, which is needed to digest the lactose in milk products.
- Drugs that suppress the immune system also suppress production of IgG antibodies. Therefore, IgG reactions to foods appear less severe than they would if the immunosuppressant drug was not being used.

In some cases, your natural health consultant may want you to avoid Zone II or III foods. Please discuss any dietary changes with your health care consultant.

Zone IV to Zone VI Reactions (high, very high, extremely high)

It is advisable to avoid foods in Zones IV through VI for at least three months. Avoidance of these foods may prevent or help resolve health issues. In some cases, it may be possible to successfully reintroduce these foods into your diet at a later date; however any dietary changes should be done in consultation with your health care consultant.

Samples analyzed at US Biotech, Seattle WA. IgG refers to Total IgG (subclasses 1-4)